

## Materials list

I like to keep the materials list pretty relaxed. During the workshop I will work both with oil and Acrylic, participants can bring either medium whatever they are most comfortable with.



### **PAINTING SUPPLIES**

Over the workshop you will see me using a number of the paint brands and colors listed below, but do not feel you must mirror this setup. Bring a range of paints that you are happy with (ideally artist quality materials, try avoid student grade paints). A number of the processes I demonstrate lend themselves to Acrylic, but they are not exclusive to the medium; comparing oil and Acrylic, usually it's more a question of drying times. Bring either oils or Acrylics, whichever you are most comfortable with?

**\*ACRYLIC PAINT** - I use exclusively **liquitex heavy body Acrylic**, No mediums except for occasional glaze medium. If you're bringing Acrylic paint, ideally look for thick or heavy body paints (with Acrylic I feel that's important).

Titanium White  
Ivory black  
Cerulean blue  
Cobalt blue  
Phthalo blue (green shade)  
Deep violet  
Naples yellow  
Cadmium Yellow  
Indian yellow  
Yellow ochre  
Sap green  
Vivid lime green

*Viridian*  
Cadmium orange or Pyrrole Orange  
Burnt umber  
Quinacridone magenta  
Quinacridone red-orange  
Cadmium red  
Raw sienna  
Cobalt teal  
Cobalt turquoise  
Brilliant purple  
Brilliant blue

In recent years, I've painting 90% plus in Acrylic, this heavy use of one medium has naturally refined down to a shorter list of colors, for your own curiosity, here's what I use a lot (all colors are Liquitex names, but other brands have the same colors in other names<to keep us artists confused>)-

Titanium White, (often)  
Ivory black, (often)  
Cerulean blue, (occasional use)  
Cobalt blue, (often)  
Manganese blue, (occasional use)  
Deep violet, (often)  
Brilliant purple, (often)  
Brilliant blue, (often)  
Cadmium Yellow, (often)  
Indian yellow, (often)  
Turner yellow, (occasional use)

Green gold, (often)  
Vivid lime green, (occasional use)  
Light green permanent, (often)  
Quinacridone magenta, (often)  
Quinacridone red-orange, (occasional use)  
Cadmium red, (often)  
Turquoise deep, (often)  
Raw sienna, (occasional use)  
Cobalt teal, (often)  
Pyrrole Orange, (occasional use)

**\*OIL PAINT** ~ I use mostly Sennelier oil paints (listed below) along with some colors from Winsor Newton, but with oils (shockingly) I do jump around. I dilute with turpentine or odorless mineral spirits. I don't personally use other mediums, gels etc.

Titanium White  
Ivory black  
Cerulean blue  
Cobalt blue  
Prussian blue  
Cobalt violet  
Manganese violet  
Naples yellow  
Cadmium Yellow  
Yellow ochre  
Sap green

Viridian or Pthalo Green  
Permanent bright green  
Cadmium orange  
Cadmium red  
Alizarin crimson  
Raw sienna  
Burnt umber  
Gold ochre  
Quinacridone magenta  
Cobalt teal

•**BRUSHES** ~ I'll use a lot of Filberts, between sizes #7 - 12; the larger the better. Flats are also ok. Personally I'm less keen on rounds. If you like bring one 3 size brush, but we won't be using it much, so bring mostly big sizes.

•**PALETTE KNIFE** ~ A handy tool to have for scraping, but I won't be painting with it.

•**EASEL** - check if the studio provides these, or bring your own travel easel?

•**PALETTE** - a travel palette of your choosing, nothing too large, or too small. Around 10-15 inches wide is enough to work with. Toned is best, gray or wood. (please no white plastic/paper - this is difficult to judge color on, especially outdoors).

•**MEDIUM** - Odorless Mineral Spirits, Gamsol, etc. Bring whatever mediums you wish & feel comfortable with. For Acrylic I also sometimes use a little Acrylic glaze medium.

•**BRUSH WASHER** ~ 8 oz. size to contain your medium

•**SURFACES** ~ Gessoed canvas boards (art stores carry Fredrix, Utrecht, etc.) or wooden panels (again gessoed). I would suggest you bring **2-3 panels** at a size no larger than **24" x 18"**, but around that size. (*Judge sensibly, if you feel you're a fast and loose painter, then bring a couple more*). **Please, also bring** a few pieces of chipboard to paint on. Most art stores carry sheets of these for a couple of bucks (it's the same material that's on the back of sketchpads), but a heavier ply. Cut one sheet into small sizes, no smaller than 8x10, no bigger

than 24X18, and bring them along. **OR** if you cant find that in your local store look for gessoed card, again very cheap and again cut these up. The important thing to note is you want a hard support that is inexpensive. Please again, no larger than 24" x 18" and no smaller than 8X10, any sizes between these ranges are fine. (Note if 24X18, sometimes we will divide these up as we work and do multiple exercises on one sheet/panel.

•**PAPER TOWELS** - Viva is a good brand (almost cloth-like, more absorbent than other brands). Painting rags if you prefer.

•**SKETCHBOOK** - a small sketch book, whatever type you like, just no need for a big one.

\***SKETCH MATERIALS** - Pencils, pens, charcoal whatever you enjoy.

•**OTHER** - water, tea, snacks (may not be provided)?



*\*Don't worry on the day I wont be standing around with a cup of coffee, the whole day! ;-)*