

THE EXPRESSIVE LINE with LUCY COOKE

COURSE SUPPLIES

Below is a list of the supplies that I will be using for the projects in this course. However, you are always encouraged to use what you have on hand.

- Pencil, any kind of graphite pencil, it can be mechanical or wooden.
- Black Stabilo or General's Sketch and Wash pencil (any dark pencil will do, even a carbon black or charcoal pencil will work)
- A variety of black ink pens, in a variety of sizes. Micron, Staedtler, and Prismacolor make permanent ink pens, which will not smear with paint or gouache added to it. I use thin 005 to thicker 08 pens ... and everything in between. You can use non-permanent pens if that is what you have on hand, and spray them with a fixative before adding a wet medium on top.
- Sharpie - thick black marker. Any permanent marker will work.
- White Gel Pen – I use Sakura pens from Amazon. If you don't have access to a gel pen, you can use white gouache, a white correction pen, white colored pencil, white acrylic paint, or white pastel.
- Colored Ball Point Pens
- Colored Pencils. I use a variety of favorites, from Koh-I-Noor woodless to Prismacolor, Faber Castell, and Jane Davenport brands. Use what you have.
- Caran d'Ache colored artist crayons. We will use a few colors to add to our drawings. (If you don't have Caran d'Ache crayons, you can always substitute with cheaper oil pastels from Pentel, many office supply stores carry them, or children's crayons)
- Ink – This can be any permanent ink you have in black. Noodler's Heart of Darkness ink is what I use for some of these lessons. I also like Dr. Ph. Martin's Bombay India ink, Liquitex black acrylic ink, Daler Rowney FW Acrylic Artists ink, Speedball black ink will work. (If you don't have

any ink, try thick black watercolor paint, or watered down acrylics, or gouache)

- Tools for ink lesson - ink pen with nib, (The nib I use is from Speedball, 513EF calligraphy pen nib. It comes in a set of two from Amazon) I also used a small wooden skewer stick, and twigs from my backyard. If you don't have a dip ink pen and nib, just use a small skewer or a variety of twigs...they work really well!
- Gouache – I use Arteza brand for this lesson. It is a very inexpensive set. Please use what you have. If you don't have gouache, and don't want to purchase any for this lesson, you can use alternative forms of color...from thick (not too diluted) watercolor paints, or thinned down acrylic paints, or crayons, or colored pencils. Gouache colors I used in the lessons – Arteza Brand Mid Yellow, Yellow Ochre, Viridian Green, Sap Green, Burnt Sienna, Burnt Umber, Noir, Sky Blue, Titanium White, Scarlet Red, Light Apricot.
- Acrylic paints. Use what you have on hand. I love using Liquitex soft bodied, Amsterdam professional acrylic, and Golden brand acrylics.
- These are the colors I use in the painting lesson: Yellow Oxide, Yellow Light Hansa, Cadmium Red Medium Hue, Light Oxide Red, Turquoise, Prussian Blue Hue, Titanium White, Unbleached Titanium (any color like Parchment or Titan Buff will do), Burnt Umber, Burnt Sienna Muted Violet, Muted Green, Black Gesso, and a very small amount of gray paint.
- You will get better results (truer colors) from artist grade paints, than student grade in most cases.
- Clear gesso, to prime our canvas, mixed with small amounts of Burnt Sienna and Burnt Umber paint. You can also mix clear gesso with Burnt Umber acrylic ink to get a similar effect. I use Black Gesso in my painting lesson.
- An assortment of brushes. I prefer Bright brushes, they are flat on top, and work well for laying down lines of paint. Bright Shaders, or Flat Shaders are also good for this kind of art. I use size 2,4,6,8, and larger for prepping canvas with gesso.

- Fashion Magazines - rip out pages of editorial poses that you would like to use as inspiration. Look for angled poses, interesting to draw and paint. At least some should include a figure, and hands. If you don't want to purchase a fashion magazine, like Vogue or Elle, or Marie Claire, you can always go to Pinterest and type in, "high fashion poses" or "fashion pose angles" and print out something that appeals to you.
- Plain white paper, printer paper, blank index cards, cheap paper tablet, newsprint paper tablet. I also use Khadi paper for one of the ink lessons, but you can use any thick watercolor (textured) paper you have.
- Kraft paper – I LOVE all kraft paper. For this class, I mostly used my Strathmore Toned Tan journals, large and small. We also draw on small kraft envelopes and paper lunch bags.
- Tea stained index cards, or any paper will do. We use this for our "vintage" look. You can also stain with coffee, or Burnt Umber acrylic ink.
- Smooth Cardboard. You don't have to purchase any, just look around your home (your latest Amazon box, maybe?)
- 9 x 12 inch stretched canvas. I used Artist Level 2 canvases from Michaels
- Clear plastic – approx. 8.5 by 11 inches (I used a sheet protector I had around the house) We will use this in our painting lesson.
- Digital apps used – SketchClub and Moldiv in my painting lesson and Art Set Pro in my digital drawing lesson

To finish off the completed painting once it has dried, I spray with two coats of a fixative (Matte), and then when it has dried completely, I add a coat of Dorland's Wax on top, let it sit overnight, and buff it out to a nice satin sheen.