



## **COURSE SUPPLIES**

Below is a list of the supplies that I will be using for the projects in this course. However, you are always encouraged to use what you have on hand. Any supplies can be used with this class as this is more about you creating your own inspiration and then working from those photos using the materials of your choice. Below I am listing supplies that I will be using in my own lessons. You are not required to purchase any of the items listed below unless you so desire!

### **Substrates:**

- Hot or Cold-Pressed Watercolor Paper - I am using [Arches Hot Press](#)
- [Strathmore Drawing Paper](#) - any size
- [Cradle board](#) or canvas

### **Charcoal:**

- [Powdered Charcoal](#)
- [Vine or Willow Charcoal](#)
- Nitram Charcoal - [Green B](#) & [Yellow - Soft](#)
- [Big Stick Charcoal](#) - use code ROKA for discount

- [General's Charcoal Pencils](#) - H, HB, 2B, 4B
- White Charcoal Pencil
- Acetone
- Spray bottle
- Pastels - *If you're new to Pastels, I suggest trying out the Dick Blick set of pastels and then ordering a three flesh tones from Sennelier - dark, med, & light. Or, just select a few in colors that you love.*
- Caran d'Ache Pencil
  - Dark flesh 40
  - #80
  - #89
  - #745
- [Stabilo Pastel Pencils](#)
  - 675
  - 645
  - 585
  - 64
  - 435
  - 640
  - 770
- Soft Pastels in your favorite colors - I use [Sennelier](#) and have most pinks, green golds, olive greens, ochers, blue grays
- Soft Pastels in flesh tones

**Acrylic Paints:** *Please use what you have on hand*

- Brands I Like:
  - [Liquitex Heavy Body](#)
  - [Holbein](#)
  - [Golden Fluid Acrylics](#)
  - [Charvin Paris](#)

Note: I will demonstrate two flesh tone formulas and we will choose one for our final portrait.

- Flesh tone #1 Alizarin Crimson, Nickel Azo Gold, and Payne's Gray

- Flesh tone #2 Quinacridone Crimson, Nickel Azo Gold, and Payne's Gray - you may substitute Ultramarine Blue for Payne's Gray

\*\*You may also use the Zorn Palette or any formula you feel works best for you.

- Alizarin Crimson - you may substitute Quinacridone Crimson or Cad Red Medium
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- Quinacridone Nickel Azo Gold (I'm using Golden Fluid)
- Quinacridone Magenta
- Cadmium Red Med
- Julia's Pink by Charvin Paris
- Pale Pink - *I don't use this much and you can mix white with Cad Red as an option*
- Yellow Ochre - *Optional - I end up using a yellow ochre pastel.*
- Titanium White
- Payne's Gray
- Bone Black - Golden's Fluid -optional
- Chromium Oxide Green
- Sap Green - Optional
- Green Gold
- Raw Umber
- Burnt Umber
- Raw Sienna